

# SPA Treatment Couch SONORA

Instructions for Use





## Dear Customer,

we live in a fast-paced and therefore very stressful world. It's no wonder that there is an increased demand for opportunities to retreat and relax. Peace and quiet and balance, this is a natural aspiration in our fast-moving times. There is a strong trend away from purely eye-catching cosmetic treatments towards a holistic feel-good experience. Your customer may therefore become a guest in a calming atmosphere, which you create for him. The SPA treatment couch should serve as an ideal starting point.

Taking into account a sensible ergonomic working method, combined with a lot of attention to detail in the design, a completely new product has been created. What you now have in front of you is the synthesis of innovative functions, high-quality and contemporary design.

Our treatment couches are manufactured in Germany and are subject to quality control. Nevertheless, if you are not satisfied or if you have questions please contact our service department.

Please read the following instructions for use carefully all the way through before commissioning the device. If you have any further questions, please do not hesitate to contact us.

We sincerely thank you for the trust you have placed in our company and extend our best wishes for satisfaction in your daily work with your new SPA treatment couch!

Kind regards, HELLMUT RUCK GmbH

By the way, the name SONORA means "melodious". Supplement your world of well-being with the soothing sounds of the RUCK CD "Sound of Wellness" Vol. 1, a perfect setting for the perfect wellness experience.









HELLMUT RUCK GmbH | DE - 75305 Neuenbürg, Germany hellmut-ruck.de

## Copyright

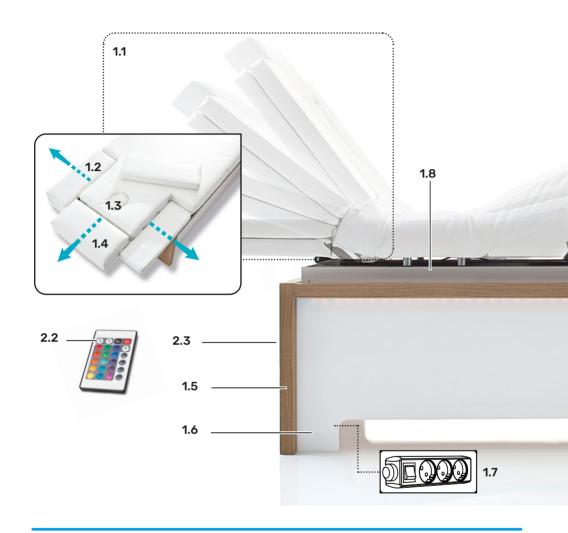
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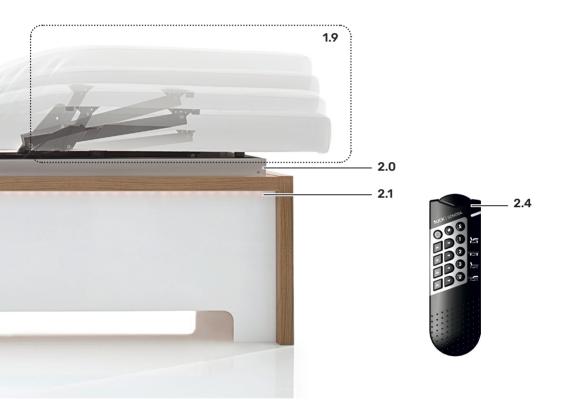




- 1.1 Back section cushion
- **1.2** Extendable, removable armrests
- **1.3** Optional breathing hole
- 1.4 Extendible head section cushion
- **1.5** Outside frame (decoration)

- **1.6** Acrylic cladding
- **1.7** 3-plug socket with an on and off switch
- **1.8** Heating on and off switch (2-step)





- **1.9** Foot section cushion
- 2.0 Inside frame (white)
- 2.1 LED light strip
- 2.2 LED manual control
- 2.3 LED receiver

2.4 Manual control (radio)



# Declaration relating to these instructions for use-Symbols used

# Declaration relating to these instructions for use

Hellmut Ruck GmbH reserves all rights to modify and supplement these instructions for use. Hellmut Ruck GmbH has taken great care to keep these instructions free of inaccuracies and omissions. Please contact us if you find mistakes or inaccuracies. However, Hellmut Ruck GmbH assumes no liability for mistakes in these instructions for use or consequential damage resulting from the provision of these instructions for use or their application when using the product.

These instructions for use must not be disseminated or supplemented without the express approval of Hellmut Ruck GmbH.

The manufacturer cannot be made responsible for damage that is caused by use that deviates from the intended use or failure to comply with the safety instructions and warnings.

## Symbols used



This symbol identifies a potential point of danger for people or for the device itself. It must be taken note of.

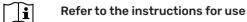


This symbol identifies useful advice.

Additional information about the product and how to use it is provided here.

	Device with protection class II (protective insulation)
X	Observe the disposal notice
П	







# Intended purpose

The RUCK SPA treatment couch is a multifunctional SPA treatment couch, i.e. it is suitable for facial, décolleté, body, epilation and depilation treatments.

The treatment couch must only be occupied by one person with a maximum weight of 200 kg. Under no circumstances should two or more persons use the treatment couch simultaneously.

Any other use is non-intended use!

Conversions, modifications, attachment of supplemental equipment that is not provided by the manufacturer are not permitted. Exceptions can only be approved by the manufacturer in writing.

Only use original spare parts for repairs.

Intended use also includes compliance with all instructions, safety notices and regulations specified in these instructions for use.

If the product is not used as intended, all liability is excluded and the warranty is rendered null and void!

# Safety notices



## Explosion hazard in unsuitable locations!

The RUCK SPA treatment couch may only be operated in dry and non-explosive areas. Operation of the RUCK SPA treatment couch in areas subject to explosion hazard can trigger an explosion.



## Authorised operators | Duty of the management

Authorised operators: Personnel in pedicure practices, cosmetic studios and massage parlours.

The management shall instruct the operators, make the instructions for use accessible and ensure (verifiably) that these instructions for use have been read and understood.





The manufacturer cannot be made responsible for damage that is caused through use that deviates from the intended use or failure to comply with the safety instructions and warnings.



## Dangers from electrical energy

Danger due to electrical energy can occur through: performing incorrect repairs on the electrical components, using non-original parts in the transformer area, failure to remove the mains plug for maintenance tasks and repair work, running over, damaging the mains cable. Maintenance tasks and repair work must only be performed by specialists authorized by the manufacturer.

When the couch is not in use, always switch off the ON/OFF switch under the couch and pull the mains plug. The couch must not be electrically adjusted, under any circumstances, as long as people are within the movement range of the couch.

Interference with other electrical devices can occur under certain circumstances.



## Protective devices

Safeguards and cladding elements are installed for the protection of the user and operator. They must not be removed, changed or bypassed.

Have identified defects rectified immediately!



# Daily function checks

Prior to each use the checks listed below must be executed:

- Check all electrically adjustable sections, such as back, leg and height adjustment, for functionality via the manual control.
- 2. General visual inspection

If this requirement is not satisfied, the guarantee will lapse and we cannot accept liability!





#### Initial check for faults

If a motor does not stop despite "releasing" the function button, or if the function of the manual switch should have to be switched off in other (emergency) cases, the complete power supply can be interrupted by third parties (e.g. personnel) with the ON/OFF switch (locking device) under the treatment couch. This locking device cannot be actuated by the treated person during intended use. Alternatively, the mains plug can also be pulled out.



# Accessibility of the mains plug

The mains plug is used for disconnection from the mains. The accessibility of the mains plug must always be ensured for disconnecting from the mains network in an emergency.



## Proper status of the mains connection line

If you should determine that the power cable or any other cable is damaged, unplug the power plug and arrange for the faulty cable to be replaced by a qualified electrician.



# Stumbling hazard

Do not run over the mains cable (danger of crushing, electrical hazard) or the manual switch cable (danger of crushing, malfunction). Lay the mains cable so that it is trip-proof. The mains cable must not be laid taut.



## Electrical hazard

The mains cable and cable for the foot switch must not get into the moving parts; danger of crushing and/or danger of electrical shock.



# Set-up diagram | Space requirements

It is essential to ensure that the couch is positioned far enough away from the wall that it does not collide anywhere and is easily accessible.





# **Notice**

Even if leaving the treatment room for a short period of time the treatment couch must be switched off.



Always unplug the mains cable from the wall outlet before carrying out any repair or maintenance work. Failure to do so may result in serious injury.



## Notice!

## Visual check

Only operate the treatment couch if it is undamaged. Have any kind of damage (crushing points, porous components, torn components, etc.) remedied by an authorised specialist.

## Daily function check

Check all electrically adjustable sections, such as back, leg and height adjustment, for functionality via the manual control.



Maintenance tasks and repairs may only by undertaken by specialists authorized by the manufacturer.

If all listed points are not complied with or fulfilled, any guarantee claim or liability claim for material damage, as well as for personal injury is rendered null and void.

Only original spare parts may be used.



# Scope of delivery

Check that the delivery is complete.

1x manual control (radio) | 32250-**008** 

1x LED manual control | 32250-009

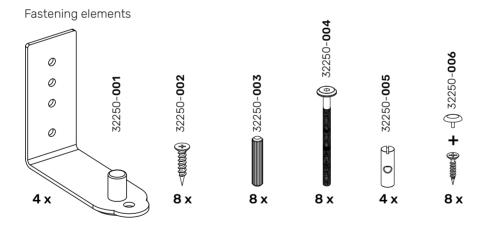






# **Battery change**

The batteries of the two manual controls should normally be replaced after one year or when the transmission power decreases noticeably.

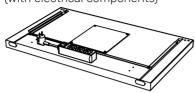


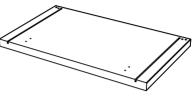
1x Treatment couch (cushion with base frame) | 32250-010



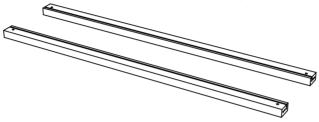


1 x Outside frame decoration | 32250-**010A** 1 x Outside frame decoration | 32250-**010B** (with electrical components)

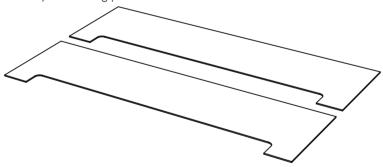




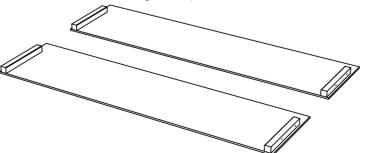
2 x Outside frame decoration – cross struts | 32250-011



2 x Acrylic cladding | 32250-012

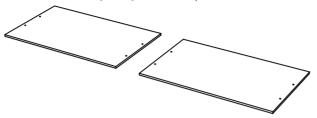


2 x Inside frame (white) lengthwise | 32250-**013** 









# Transport | Packing | Unpacking | Storage

The couch should be delivered and temporarily stored in the transport box. The packaging has been designed to protect the product while in transit. The packaging materials used have been selected with due regard for environmental issues and can be recycled. Ambient temperature -15° to +40°, humidity 30-75%, permissible air pressure: 700-1060 hPa.

Prior to setting up the product, please check whether the mains voltage matches the rated voltage and frequency specified on the rating plate. The RUCK SPA treatment couch can be connected with the provided mains cable (cable length when rolled, 3 m) to any earthed socket.





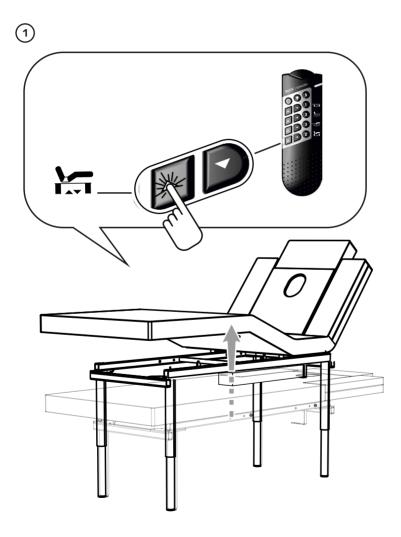


# Assembly of the treatment couch

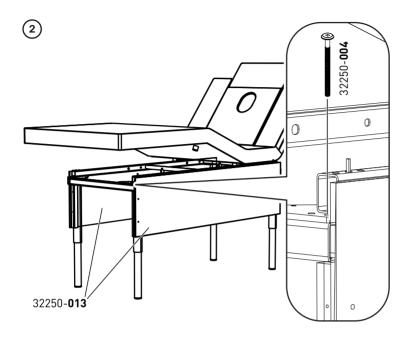
For the assembly of the wood panelling you will find a video with detailed instructions using the QR code on the right or under the following link:

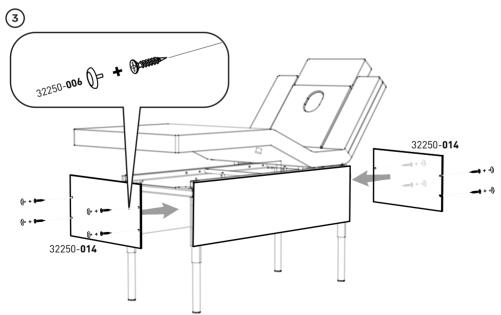




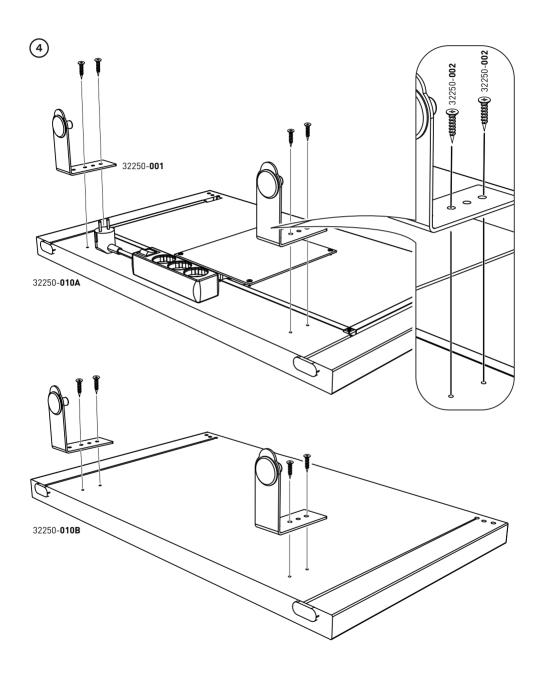




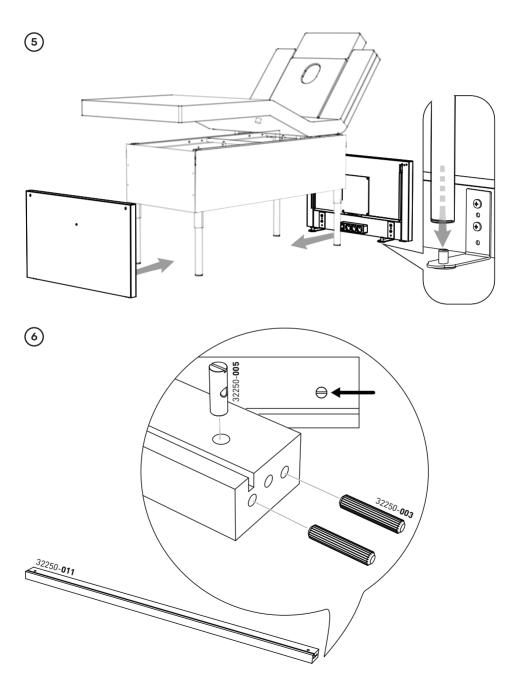




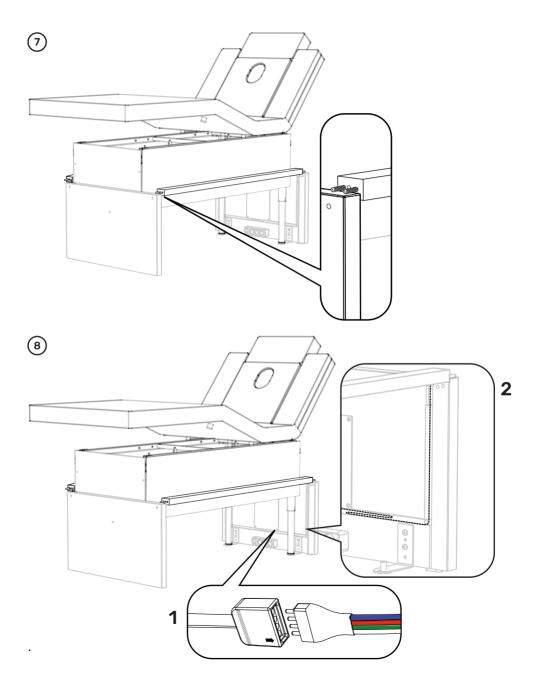




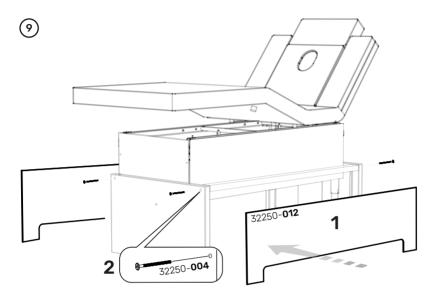


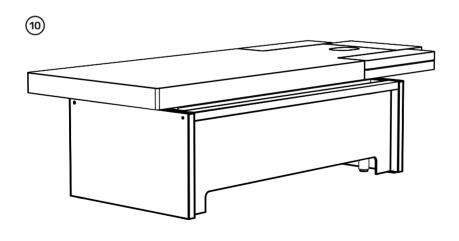






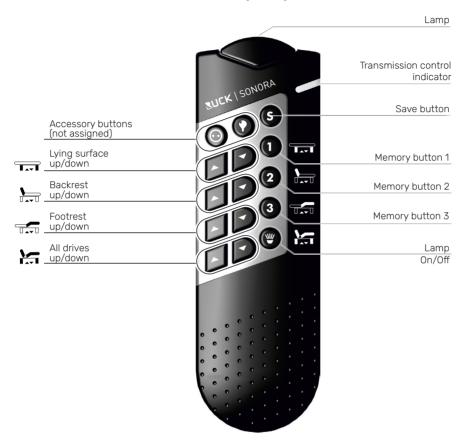


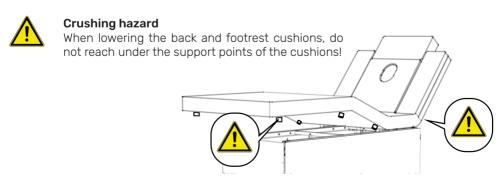






# Functions of the manual control (radio)









■ Moving the lying surface up/down.

Press the **\( \Lambda \)** button to move the lying surface upwards.

Press the velture button to move the lying surface downwards.



Moving the backrest up/down.

Press the <u>button</u> to move the backrest upwards.

Press the v button to move the backrest downwards.

Moving the footrest up/down.

Press the **\( \Lambda \)** button to move the footrest upwards.

Press the  $\checkmark$  button to move the footrest downwards.

Moving all drive motors up/down simultaneously.

Press the **\( \Lambda \)** button to move all drive motors upwards at the same time.

Press the Tbutton to move all drive motors downwards at the same time.



## **Programming positions**

You have the possibility to save three individual lying positions according to your wishes. To do this, move the RUCK SPA treatment couch to the desired lying position by pressing the individual function buttons. Press the S button (Save) 3 times in succession and then immediately press the desired program location (Memory button 1, 2 or 3) The stored lying position is confirmed by a short beep. Now your individual treatment position is stored and can be called up at any time by pressing the Memory button

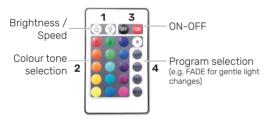
The Memory buttons can be reassigned by repeating the described saving procedure.

## Activating/deactivating button lock

Press and hold the S button for 10 seconds until you hear two beeps. The button lock is now active. Deactivate the button lock by pressing the S button for 10 seconds until you hear one beep. The button lock is now deactivated.

# Operation of the LED ambient lighting

A real highlight of the SPA treatment couch is the integrated RGB LED ambient lighting, a contribution to relaxation that should not be underestimated. It is completely controlled via the corresponding IR remote control.



## 1 Changing the brightness or speed of the colour change

The brightness can be regulated in several steps. If you have selected one of the predefined colour change programs, the speed of the colour change can be defined here.

Cycle time of an entire colour change: Between 4 seconds and 70 seconds.

#### 2 Selecting the colour tone

The IR remote control of the RGB LED ambient lighting has 16 buttons for direct colour selection.

#### 3 Switching On/Off

The RGB LED ambient lighting is switched on and off with the "ON" and "OFF" buttons.

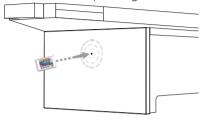
#### 4 Selecting a program

You can choose from 4 predefined colour change programs. The "FADE" program is particularly suitable for wellness and cosmetic treatments.



## Notice

To ensure optimum control of the RGB LED ambient lighting, it is important to ensure that the IR remote control is directed towards the transparent sensor under the headrest when operating it.



# **Upholstery**

The RUCK SPA treatment couch is equipped with a high-tech foam that adapts ergonomically to the body during treatment. The temperature-sensitive foam has open cells that react individually to body heat and then adapt very precisely to the shape of your body. This provides anatomically precise support, removes pressure from the body, avoids pressure pain and improves blood circulation. The foam is upholstered with leatherette, which is particularly stretchy, abrasion-resistant and resistant to disinfectants.



#### Headrest

The headrest is extendable and removable by pulling the headrest out of the guide with both hands.

## **Armrest**

The pads of the armrest are fixed by magnets. When lying on the stomach, customers can remove the pads for a comfortable position of both arms. A widening of approx. 5 cm on each side is achieved by pulling the armrest out evenly You can also remove the armrests completely by pulling them out.



# Upholstery heating

The RUCK SPA treatment couch is optionally available with a two-stage heating system. The lying surface is heated from the breathing hole downwards in a length of approx. 115 cm. The calf area is not heated. The switch is located underneath the cushion, on the left side as seen from the head section. After switching on, the heating system needs about 5 minutes to heat up. The lying surface has a built-in thermal switch which keeps the temperature constant. The heating switches off automatically after a switch-on period of 90 minutes. The heating must not be used without supervision. For safety reasons, please make sure that the heating is switched off and the main switch is set to "0" after finishing work.





# Hazards due to overheated heating system

If the lying surface is too hot, smoke or odours develop, it is possible that the heating is defective. In this case, disconnect the mains plug immediately.



## Risk of damage due to sharp-edged objects

Do not place any sharp-edged objects on the upholstery. This may damage the heating elements.



# Risk of damage due to improper changing of the upholstery

Do not change the upholstery cover yourself! This may damage the heating elements.



# Cleaning, disinfection and care



**Danger to life due to electric shock!**Before cleaning and/or disinfecting:
Pull out the mains plug!



## Danger of damage due to improper care of leatherette and surfaces!

Disinfect the contact surfaces after each treatment with RUCK surface disinfection wipes, alcohol-free (item no. 2967002, item no. 2967102 or item no. 2967202) for medical devices. Tip: Using disposable covers helps to avoid direct skin contact (body grease and sweat are sometimes quite aggressive) with the leatherette and thus to protect it.

Clean the leatherette surfaces with a damp cloth and clean with RUCK leatherette cleaner and care product (item no. 2947001). Please observe the exposure times of the disinfectants according to the product labelling. One minute for bacteria, five minutes for fungi. Further information on the disinfectant.

Do not use any concentrated disinfectants, solvents, cleaning agents or liquids that contain alcohol (>50 % alcohol content). Do not use spray disinfection.

Take great care to ensure that the cleaning utensils used are clean. If mineral contaminants such as grains of sand or dust are embedded in the cleaning agents, this can destroy the surface. Do not use any scouring agents, such as abrasive cleaners, cleaning sponges or similar items that may contain abrasive particles. Residues of leaked fluids must be removed from the surface immediately with a soft cloth.

For gentle cleaning of the surfaces, use a soft cotton cloth or the RUCK microfibre cloth, which is also suitable for wood surfaces (item no. 29616).

Caution: Other cleaning cloths with plastic fibres can have an abrasive effect and consequently they can damage the surface.

Over time, traces of use can appear on the surfaces. These are more or less noticeable depending on light incidence. They do not constitute a lessening of utility. As is the case with all surfaces over the long term, due to the wear involved in the daily routine of the medical practice, they cannot be avoided. Spots or stains caused by liquids that may corrode the surface (such as propolis, tea tree oil, cleaners that contain chlorine or similar substances) are categorically excluded from the warranty.







## Danger of transmitting diseases!

Insufficient disinfection can lead to transmission of diseases. Always comply with the requirements of the responsible national body for hygiene and disinfection. Disinfect the product on a regular basis (see instructions for disinfection and care).



## Upholstery discolouration due to garments

Clothing, such as jeans, can cause discolouration of the cushion surfaces. If possible you should attempt to remove discolouration residues with a soft cloth and the RUCK® leatherette cleaner and care product, 500 ml (item no. 2947001). RUCK recommends that you use disposable covers wherever possible. After cleaning and disinfection, surface disinfectants must be allowed to effectively evaporate before the next treatment; i.e. allow surface disinfectants to thoroughly dry as specified by the manufacturer, but do not wipe surfaces dry.



Mechanical cleaning or cleaning with water or water jets is not permitted!



# **Technical data**

Mounting height	58 cm
Highest lying position	87 cm
Width	80 cm
Total length	214 cm
Total weight	100 kg
Connection data	220-240V - 50 Hz, 550 W
Protection class	IP 20
Duty cycle	10% (= 2 min. ON / 18 min. OFF)
Maximum load	200 kg
Upholstery colour	1-colour
Warranty	2 years



## Electromagnetic influence

The possibility that, through the use of additional electrical devices, electromagnetic interference/influence can occur cannot be excluded.

# **Maintenance**

The RUCK® SPA treatment couch is equipped with maintenance-free polyamide bearings and requires no lubrication. We ask you to contact our service department every 2 years to discuss possible maintenance and care measures.



#### Notice

Maintenance tasks and repairs may only by undertaken by specialists authorized by the manufacturer.

If all listed points are not complied with or fulfilled, any guarantee claim or liability claim for material damage, as well as for personal injury is rendered null and void. Only original spare parts may be used. Please contact our service team.



# **Disposal**



## Incorrect disposal endangers our environment.

Please use available return and collection systems for disposing of the RUCK® SPA treatment couch at the end of its service life.



# Warranty

The product comes with a 2-year warranty. Normal wear of surfaces, cushions, covers and other moving parts is excluded from the warranty. Traces of use and signs of wear and tear due to age and use, which are based on normal use corresponding to the performance values and the nature of the treatment couch, are in accordance with the contract and are not defects in the legal sense.

The warranty runs from the date of purchase when the product was first bought. The date of purchase must be confirmed by the sales receipt. Within the scope of the warranty, HELLMUT RUCK GmbH will, at no charge, either repair or replace the defective products – at RUCK's discretion. The prerequisite is carriage–paid shipment of the defective product together with the purchase receipt. The local agent is responsible for claims made outside of Germany. In case of doubt, please check with RUCK before returning the device.

The warranty becomes null and void if we find that the problem was caused by improper or incorrect installation or usage, by non-observance of the instructions for use, by external intervention or as a result of a non-authorised repair or modification. The warranty is limited to repair or replacement of the product. Further liability (particularly loss of revenue or earnings) is excluded. If however, it turns out that it is a problem that is not covered by the terms of the warranty or that the period of the guarantee has elapsed, any costs for inspection and repair must be borne by the customer.

We reserve the right to make changes to and deviations from the technical design.

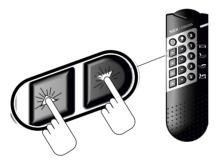


## **FAO**

## Synchronize new manual control (radio)

Each manual control (radio) is assigned to one treatment couch, i.e. even if there are several couches in one room, they can be controlled next to each other without interference. To connect a new manual control (radio) to an SPA treatment couch, it must be assigned once. Please follow the steps below:

- 1. Pull the mains plug of the treatment couch.
- 2. now wait for approx. 30 seconds to allow the electrical components to discharge.
- 3. Keep both buttons of the height adjustment motor pressed simultaneously as shown, and plug the power plug of the treatment couch back in.
- 4. As confirmation that the manual control (radio) and the treatment couch have found each other successfully, a short signal tone sounds. The treatment couch can now be controlled with the new manual control (radio).



# Accessories/Spare parts

Item no.: 4858401 manual control (radio)

Item no.: 4858501 LED hand switch RGB controller

Item no.: 3215401 Terry cloth cover for headrest WKL Sonora Item no.: 3215501 Terry cloth cover for cosmetic and wellness bed

Please contact RUCK SERVICE for further spare parts.















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